

## Awakening Together Sangha gathering Sunday November 2, 2025

Please join us on **Sunday, November 2<sup>nd</sup> 7- 8:15pm** at our Zoom gathering of the Awakening Together Sangha. We will be using the following quotes to guide us in a conversation of what an awakened mindful country and world would be and act like. While we may be surrounded by chaos and cruelty, we acknowledge the impermanent nature of all things and envision what may be together.

[Awakening Together Sangha zoom link.](#)

*Mindfulness must be engaged. Once there is seeing there must be acting. Otherwise, what's the use of seeing?*

— Thich Nhat Hanh

*If we ground ourselves in the future, rather than in history, decidedly imagining a vital future that includes the natural world and all of us, the task becomes easier. We see the future in our mind's heart and we take the small next step that will enable us to get there together. This is the activity of radical hope.*

- Deena Metzger

*Hope is the energy that sustains a new vision while it transforms from the realm of the imagination into the realm of manifest reality. ... Hope is not a powerless waiting for, but a powerful welcoming of the future we are creating. It is an evolutionary act that totally engages the body, mind and spirit. Hope is not business as usual. It is re-orienting to a new star.*

- Jan Phillips, *No Ordinary Time*

*Beyond hope and fear is a place of yes from which we step forward and begin the work, learning as we go.*

—Meg Wheatley, UN Commission on the Status of Women, March 2019

[Awakening Together Sangha zoom link.](#)

